GRASSROOTS CALENDAR 2026 Term 4 v1

NOTE The Tuesday sessions are by agreement only. Please contact Abi or Lee if you have a query.

Oct	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Nov	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Dec	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

REMEMBER TO BRING:

- Helmet
- Bike in good working condition
- Water - *at least 300ml*
- *Warm clothes in winter*
- AusCycling digital evidence
- Gloves, knee pads, elbow guards (strongly recommended)
- Safety glasses (recommended)

CAPE MOUNTAIN BIKERS

MEELUP / SECRET WHICHER / MIDDLE EARTH

Colour Key

NOTE Groups 1 & 2 are fortnightly on Mondays alternate weeks
Groups 3, 4 are weekly on Tuesdays

- Grassroots Monday Group 1 (age 7-10 years) alternate weeks @ 3.30-5pm at Dunsborough Mtb Park
- Grassroots Monday Group 2 (9-15 yo) and Group 1.5 alternate weeks @ 4-5.30pm at Dunsborough Mtb Park
- Grassroots Tuesday 4.30-6pm Gp 3 & 4 weekly at Dunsborough Mtb Park
- WA Public School Holidays
- WA Public Holidays

CONTACT DETAILS OF LEAD COACHES:

Graham Clark - 0418 251 595 - Gp 1 & 2

Simone Nicols - 0408 568 464 - Gp 1 & 2

Matt Clay - 0499 977 626 - Gp 3

Lee Scurlock - 0433 695 400 - Gp 4

Abi Paterson - 0439 253 457 - Coordinator