

# GRASSROOTS CALENDAR 2023 Term 3 v1 DRAFT

**NOTE** The Tuesday sessions are by invitation only. Please contact Abi if you have a query.

Jul	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Aug	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Sept	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

## REMEMBER TO BRING:

- Helmet
- Bike in good working condition
- Water - *at least 300ml*
- AusCycling digital evidence
- Gloves, knee pads, elbow guards (strongly recommended)
- Safety glasses (recommended)



**CAPE MOUNTAIN BIKERS**

MEELUP / SECRET WHICHER / MIDDLE EARTH

## Colour Key

**NOTE** Groups 1 & 2 are fortnightly on Mondays alternate weeks  
Groups 3 & 4 are weekly and Group 2.5 fortnightly on Tuesdays

Grassroots Monday Group 1 (age 7-10 years) alternate weeks @ 3.30-5pm at Dunsborough Mtb Park
Grassroots Monday Group 2 (age 10-15 years) alternate weeks @ 4.30-6pm at Dunsborough Mtb Park
Grassroots Tuesday 4.30pm Gp 3 & 4 weekly at Dunsborough Mtb Park
Grassroots Tuesday 4.30pm Gp 3 & 4 weekly and Gp 2.5 fortnightly at Dunsborough Mtb Park
WA Public School Holidays
WA Public Holidays
Social Ride venue tbc - probably 9am start.

## CONTACT DETAILS IN CASE OF EMERGENCY:

Graham Clark - 0418 251 595 - Gp 1 & 2

Andrew Spencer-Wright: 0499 182 467 Gp 2.5 & Gp 3

Joel Cook - 0474 517 740 Gp 3

Lee Scurlock: 0433 695 400 - Gp 4

Abi Paterson - 0439 253 457 - Coordinator