GRASSROOTS CALENDAR 2024 Term 1 v1

NOTE The Tuesday sessions are by invitation only. Please contact Abi or Lee if you have a query.

| Jan | М | Т | W | Т | F | s | S | М | Т | w | Т | F | S | S | M | Т | w | Т | F | S | S | M | Т | w | Т | F | s | s | М | Т | w |
|-----|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Feb | Т | F | S | S | M | Т | w | Т | F | S | s | М | Т | W | Т | F | S | s | М | Т | w | Т | F | S | s | M | Т | w | Т | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | | |
| Mar | F | S | S | M | Т | w | Т | F | S | S | M | Т | w | т | F | S | s | M | т | w | Т | F | S | S | M | Т | w | Т | F | S | S |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |

REMEMBER TO BRING:

- Helmet
- Bike in good working condition
- Water at least 300ml
- AusCycling digital evidence
- Gloves, knee pads, elbow guards (strongly recommended)
- Safety glasses (recommended)



CAPE MOUNTAIN BIKERS

MEELUP / SECRET WHICHER / MIDDLE EARTH

Colour Key

NOTE Groups 1 & 2 are fortnightly on Mondays alternate weeks Groups 3 & 4 are weekly and Group 2.5 fortnightly on Tuesdays



CONTACT DETAILS IN CASE OF EMERGENCY:

Graham Clark - 0418 251 595 - Gp 1 & 2

Andrew Spencer-Wright: 0499 182 467 Gp 2.5 & Gp 3

Joel Cook - 0474 517 740 Gp 3

Lee Scurlock: 0433 695 400 - Gp 4

Abi Paterson - 0439 253 457 - Coordinator