

GRASSROOTS CALENDAR 2023 Term 1

NOTE The Tuesday sessions are by invitation only. Please contact Abi if you have a query.

	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T			
Feb	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28			
Mar	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Apr	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

REMEMBER TO BRING:

- Helmet
- Bike in good working condition
- Water - *at least 300ml*
- AusCycling digital evidence
- Gloves, knee pads, elbow guards (strongly recommended)
- Safety glasses (recommended)



CAPE MOUNTAIN BIKERS

MEELUP / SECRET WHICHER / MIDDLE EARTH

Colour Key

NOTE GROUPS ARE FORTNIGHTLY ON ALTERNATE WEEKS

Grassroots Monday Group 1 (age 7-10 years) alternate weeks @ 3.30-5pm at Dunsborough Mtb Park
Grassroots Monday Group 2 (age 10-15 years) alternate weeks @ 4.30-6pm at Dunsborough Mtb Park
Grassroots Tuesday Gp 3 4.30pm alternate weeks at Dunsborough Mtb Park
Grassroots Tuesday Gp 4 4.30pm alternate weeks at Dunsborough Mtb Park
WA Public School Holidays
WA Public Holidays
Social Ride venue tbc - probably 9am start.

CONTACT DETAILS IN CASE OF EMERGENCY:

Graham Clark - 0418 251 595 - Gp 1 & 2

Lee Scurlock: 0433 695 400 - Gp 3 & 4

Abi Paterson - 0439 253 457 - Coordinator

Andrew Spencer-Wright: 0499 182 467 - not available T1